

What Next

A story in three parts.



You will recognise someone in this story. Possibly yourself.

Four people arrive at a retreat in the forest carrying the weight of success that has stopped making sense. What happens over five days — and in the months that follow — is not a transformation. It is something quieter, and more lasting.



CHAPTER ONE

The Nature Retreat

Five days in a forest. Four people who have been running long enough that stopping feels dangerous. What happens when the phones go in a box, the noise falls away, and the only thing left is the question you have been avoiding.

CHAPTER TWO

The Terrace

Portugal. Eighteen months earlier. A terrace above the sea, a cold coffee, and a stranger at the next table who asks the one question nobody has thought to ask before. Two weeks in Portugal. One conversation that changed the direction of everything.

CHAPTER THREE

Six Weeks Later

Four leaders. Six weeks after the forest. A dinner in the city where Tom has one rule: no performance, no presenting of results. Just honest accounting. What actually changed — and what it cost.

